



TRICENTIA TRIBUNE- September 2020 – Welcome Back!

Tricentia Academy - PO Box 129 - A0B 1A0

Arnold's Cove, NL - <https://tricentia.weebly.com>

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Message from the Principal

tanyaharris@nlesd.ca

The staff at Tricentia Academy are very excited to welcome everyone back to a new school year!

There are many changes this year to our school, and this newsletter will provide you with information that you will need to know for the first week of school.

One of the big changes to the school is the change in administration. Myself, Tanya Harris, and Ms. Crystal Penney are your administration team this year. We have been working very hard to ensure our everyone is returning to a safe environment and we are positive that this will be a fantastic year! Yes there will be challenges, however when we keep positive and support each other we can overcome any obstacles that come in our way.

We do ask for your patience and understanding as we navigate through the changes due to the pandemic. I can assure you that any decisions that are made, are made with the students' best interests and safety at the forefront.

If you have any questions or concerns please contact myself or Ms. Penney at the school or via email.

I am looking forward to working with you this year.

It's going to be an awesome year!
We are all in this together!

Mrs. Tanya Harris

Tricentia Academy Staff 2020-2021

(By Homeroom)

Kindergarten- Mrs. Renee Piercey

Grade 1- Mrs. Melinda Osbourne

Grade 2- Ms. Heather Wells

Grade 3- Mrs. Betty Guy

Grade 4- Ms. Juanita Tobin

Grade 5- Mrs. Stephanie Boland

Grade 6- Mrs. Frances Berkshire

Grade 7- Mr. Mitch Randell

Grade 8- Ms. Dena Dobbin

Grade 9- Mrs. Jamie Randell

Grade 10- Mr. Lorne Green

Grade 11- Mrs. Colleen Abbott

Grade 12- Mr. John Wells

Intermediate/ High (0.25 position)- Ms. Rebecca Hogan

IRT- Ms. Nirosha March

IRT- Ms. Colette Snow

IRT- Mr. Eric Rideout

IRT- Mr. Lorne Green

Physical Education- Mr Mitch Randell

Music- Mrs. Stephanie Boland

Science- Mrs. Cynthia Coates

Reading Specialist- Mrs. Karen Hollett

Teaching Learning Assistant- Ms. Melissa Penney

Guidance- Mrs. Sandi Baker





Breakfast Program

There will grab and go breakfast items only until further notice.

K-6 students will have a trolley of grab and go items brought to their classrooms while the grades 7-12 students will pick it up as they enter the school in the morning.

Lunch and Recess

- * All students will eat in their classrooms.
- * Students will not be able to heat up their lunches as microwaves are not permitted to be used.
- * There will be a rotating schedule for the k-6 students to be able to go outside to play during lunch. Please ensure students have proper outdoor clothing.
- * Grades 7-12 students will be permitted to leave the school during lunch.
- * There is no recycling happening at the school at the moment, students will bring their recycling home with them, in their lunch boxes.
- * We encourage students to bring a water bottle to school, labeled with their name as the water fountains are currently re-fill ONLY.

Visiting the School

- * Parents/guardians are not permitted to enter the school at this time. If you are picking your child up for any reason, during the school day, please call the school when you get in the parking lot and students will come out to you.
- * The only people permitted in the school are school personnel.



Use of masks

- * Students in grades k-6 are only required to wear masks on the bus. They will remove their masks when they get to their classrooms in the morning and put them on in their classrooms in the afternoon before going on the bus.
- * If students would like to wear their masks all the time they certainly can.
- * Grades 7-12 have to wear masks on the bus and when they leave their classrooms. We are able to space students at least 1 meter apart in classrooms, therefore masks are not required to be worn while in the classroom unless they are working in close proximity with the teacher.
- * If students are more comfortable wearing their masks all day, they are more than welcome to do so.

Hand Hygiene

- * Hand Sanitizers are in place next to every doorway in the school.
- * Students will sanitize their hands upon entering and exiting their classrooms and the school as well as before and after recess and lunch.
- * Students may bring their own hand sanitizer if they wish to do so but please no scented hand sanitizer.

School Parking Lot

- * Our school parking lot has a one way flow of traffic. Buses will drop students off at the front doors while parents/guardians who wish to bring their child(ren) to school will go to the back door of the school. Please ensure this is a drive thru drop off, rather than parking your vehicles, this will keep the flow of traffic moving.
- * If parents are picking up their children after school, we ask that you park in the back parking lot and **REMAIN IN YOUR VEHICLES** with the ignition turned off.

Health Room

- *There is a designated health room in the school where students will go if they become ill during the school day.
- *If a student becomes ill, we will contact parents/guardians immediately and we ask that you are prompt in picking up your child.
- * If your child is sent home with covid like symptoms, you are required to contact 811 and follow their instructions.

Self-Assessment Form

- *A self assessment form must be completed each morning by anyone entering our school. The form does not need to be brought in to the school, but it must be reviewed and checked every morning.
- *Any student or staff member who answers yes to any of the questions, should not come to school.
- *Any student or staff member who does not feel well should stay at home.
- *The self assessment form is posted on the door of all entrances to the school.

Allergies

- This year in our school, we have those allergic to the following;
- *Peanuts
 - *Cashews
 - *Strawberries
 - *Fish
- Please refrain from putting these items in your child's lunch.
- It is extremely important that all parents/guardians notify us, through the registration form that will be sent home on the first day, of ANY pre-existing health conditions, ie. asthma, allergies

Re-Entry Plan

- *A copy of our school re-entry plan will be posted on our school website in the very near future.

Kindergarten Students

One parent/ guardian may accompany each kindergarten student into the school for the first day of school. Kindergarten students will use the back entrance to the school, the door closest to the road, the first door when you go to the back of the building.