



TRICENTIA ACADEMY



P. O. Box 129, Arnold's Cove, NL A0B 1A0

Ph: (709) 463-2283 Fax: (709) 463-2193

Ms. Tanya Harris, Principal (tanyaharris@nlesd.ca)

Ms. Crystal Penney, Assistant Principal (crystal.penney@nlesd.ca)

Ms. Lisa Warren, Administrative Assistant (lisawarren@nlesd.ca)

Dear Parents,

We have been receiving many calls regarding current COVID protocols. Below is information from the website, <https://www.gov.nl.ca/covid-19/>, in relation to schools.

- If your child has [symptoms](#), they should stay at home until their symptoms have improved and they haven't had a fever for at least 24 hours.
- If your child tests positive, they should stay at home until symptoms have improved and they haven't had a fever for at least 24 hours.

When your child is feeling better and leaves home, for 10 days after their symptoms started, they should:

- Wear a [mask](#) outside their household.
- Avoid non-essential visits to high-risk areas, including hospitals, long-term care homes, large crowded settings, and social gatherings.
- Avoid non-essential close contact with high-risk individuals, including those with chronic conditions, compromised immune systems and older adults.

If you have any questions or concerns please feel free to contact us at the school.

Tanya Harris & Crystal Penney

Administrative Team

